## **Reflection Round Activity**

How to do a reflection round?

1. Facilitator asks question 1.

2. Participant reflects individually, in silence, for 1 minute.

3. Facilitators asks participants to share their answer in pairs (person next to them – if numbers are not even, there can be a group of 3), for 2 minutes.

4. Facilitator moves to ask question number 2 and follows the same steps as for the first question